#### Instruc tions

# Home Health Care Documentation Form for Private Caregivers and Family Member Caregivers

### Call 1-800-362-0700 to request Home Health Care Documentation forms

This form must be completed for each day that services are provided. Your caregiver must complete <u>all</u> of the following items:

Date: the date that services were provided

Time in: the time the caregiver began providing services on that date

Time out: the time the caregiver stopped providing services on that date

Total hours: the total number of hours the caregiver worked on that date

Rate: the hourly or daily amount charged by the caregiver to the policyholder

Total charge: the total charge from the caregiver to the policyholder for that date

**ADL (Activities of Daily Living) Section:** Document any type of personal care assistance that the caregiver provided by using the letters below to indicate the level of assistance. Leave blank if no assistance was provided.

S-Standby: provides assistance within arm's length

H-Hands-on assistance: provides physical, hands-on assistance

**R**—**Reminders:** provides regular prompts and/or cues

**IADL (Instrumental Activities of Daily Living) Section:** Document any assistance that the caregiver provided with these activities by placing a checkmark in the corresponding box. Leave blank if no assistance was provided.

## Location of care:

Personal residence: the policyholder's home

ILF: independent living facility

ALF: assisted living facility

Hospitalizations: any overnight hospital stays during the dates of service billed

*Please note:* Forms submitted without a signature and date by both the policyholder and the caregiver will not be processed, and the forms will be returned to the policyholder for completion.

### \*\*\* Save these instructions for future reference \*\*\*